

## PA AHEC SCHOLARS PROGRAM

## IMMIGRANT, REFUGEE, and MIGRANT TRACK



Immigrant, refugee, and migrant people have found a home in Pennsylvania. Some of the larger populations represented by these groups are from Mexico, South America, Puerto Rico, Bhutan, Somalia, and Syria. These groups find cultural and family dynamic changes challenging. The students will consider current health topics with a focus on mental or behavioral health.

## **OBJECTIVES**

- Recognize the reasons these three population types have for coming to the United States through conversations and articles
- Identify behavioral health issues, risk factors, and coping mechanisms
- Identify cultural barriers within the community and identify services available to assist the specific group
- Actively connect with a specific group to participate in educating and further developing connections to services available both locally and throughout the state







wwww.verywellmind.com

https://awolau.org

www.verywellfamily.com